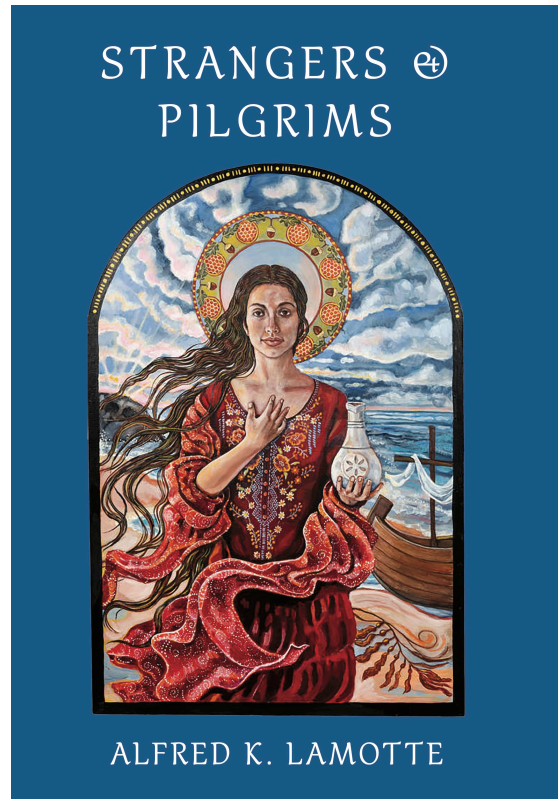


## Houston, Texas – September 1, 2023 – Press Release:

Saint Julian Press is proud to announce a new book of poetry, *STRANGERS & PILGRIMS*, by author Fred LaMotte to be published on October 12, 2023. These poems express our estrangement from the heart, our longing for return, and our pilgrim journey to wholeness. Both humorous and poignant, they explore the liminal space between word and silence, poetry, and guided meditation.



“Oh, these poems, how they move me, fragrant as they are with wonder, fear, embodiment, love, and sacred longing. Each page is an invitation to “awaken the one you already are.” I’ve long loved Alfred K. LaMotte’s work, and with this collection, I fall even more deeply in love with life, with truth, with great teachers, and with “the miraculous wings of the ordinary.” After just ten minutes of reading *Strangers and Pilgrims*, I feel more human, more spacious, more at home, more light.”

~Rosemerry Wahtola Trommer  
*All the Honey & Host of The Poetic Path (Ritual App)*

“I deeply admire Alfred K. LaMotte as a person and poet. The source he taps is a clear living spring of divine solace and inspired grace. Each book he creates seems to introduce the world to a new species of beauty. The energy in his words is resuscitation. Each poem is an oasis. Thank God for poets like him.”

~Chelan Harkin  
*Susceptible to Light and Bouquet of Stars*

“Alfred K. LaMotte is a passionate seeker, a modern mystic in whose wild and tender heart springs devotion for the Sacred Feminine. He gives voice to the paradoxes of living embodied spirituality. In the prophetic poetic tradition of Rumi and Hafiz, he expresses an unfettered yearning for union with the Divine. His poems pulse with sparkling traces of his search for a fuller humanity, in the hope that they might kindle in you the courage to follow your own path and claim your inner treasure.”

~Kayleen Asbo, Ph.D.  
Mary Magdalene Scholar & Pilgrimage Leader  
Founder of Mythica Community

“Alfred LaMotte’s poetry is to the human soul what breath is to the physical body!”

~Rashani Réa  
*Beyond Brokenness and Beneath All Appearances: an unwavering peace*

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“The world often estranges us from our hearts and distracts us with theatre and puppetry. But when I slow down, breathe, and read these poems with the respect they deserve, the words ring so strong they pull me back to my heart. These poems remind us why we are here: to deliberately choose divine Presence in every moment. They make the pain of living a wholehearted, spiritual, authentic life more bearable, reminding me that I am not alone. This brings solace in a way that nothing else can. Thank you for these sacred words and for making a space where we can all breathe together.”

~Abby Wynne  
*The Inner Compass Trilogy*

“Fred is among the most prolific poets whose writings have touched and inspired me for many years. His poems are not dry intellectual discourses. They are medicine for the troubled world. They taste like spring water in the desert. The depth and simplicity from where his words spill wake us up and remove all our unnecessary worries and fear. Please come and rest inside the vastness of his offering!”

~Guthema Roba  
*Song of Silence: Sacred Poems for Healing and Awakening*

“I want to pull these poems around me so they might infuse my dreams. I want to hold them like a lens to better see the stars. Alfred LaMotte is such a wise yet wonder-filled writer!”

~Laura Grace Weldon  
Author of *Portals*  
Braided Way Magazine - Editor  
2019 Ohio Poet of the Year

ALFRED K. LAMOTTE has authored four volumes of poetry with Saint Julian Press. He has co-authored four books of artwork and poetry with artist, earth-steward, and farmer Rashani Réa. His poems have appeared in several journals and anthologies. An interfaith college chaplain, meditation teacher, and instructor in Philosophy and World Religions, he has degrees from Yale University and Princeton Theological Seminary. He lives on the shore of the Salish Sea near Seattle, WA, with his wife Anna and his dear friends, Emerson, and Finn, who are four-leggeds of the golden fur.

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*For an advance PDF copy, contact: Ron Starbuck or Fred LaMotte.*

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